

# 8 Careers

Tuning in to the inner voice



## OBJECTIVES :

1. Be able to explain the term 'career' and its importance in their own words.
2. Be able to identify their own interest, capabilities and opportunities.
3. Be able to apply the career magic framework to choose potential career areas for themselves.
4. Be aware of the broad seven fields of interest available after 10th grade.
5. Be able to assess the opportunities and challenges in the potential career area of their choice.

## 1. What does a Career mean to you ?

- Career is a means of earning a lot of money.  
 Yes       No
- Career is the work you do from morning to evening.  
 Yes       No
- Career is all about being famous and successful.  
 Yes       No

Read each statement and ask students to raise their hand to indicate yes or no. Encourage students to share what they think about a career.

## 2. What is a Career ?

A Career is a pathway to achieve happiness and excellence leading to growth in one's life.

### Happiness

Happiness is doing something you like.

+

### Excellence

Excellence is when you already have or develop the capability needed to excel in the field of your liking over a period of time.

=

### Growth

Growth is in the form of money, respect, mental satisfaction, goodwill, fame etc.



When a person works in the field of his /her liking and has the capabilities to excel in the same with persistence and commitment, it will always lead to the growth of the person.



For e.g. Sachin Tendulkar has made a career in cricket. He loved to play cricket, it made him happy.

He had the capability to play good cricket, in which he continuously improved with a lot of hard work and perseverance to achieve excellence in his field.

As a result of his liking and capabilities, he could attain growth (in the form of money, fame, goodwill, respect, mental satisfaction etc.) Thus a Career is a pathway to achieve happiness and excellence leading to Growth.

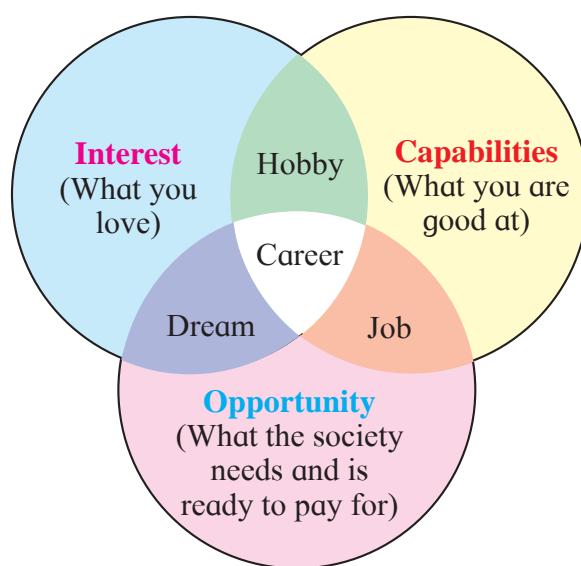


#### Activity time

Divide the class in groups. Encourage each group to think of three people they think have made a career. It can be a famous person or somebody from their family or community. Ask them to identify how their interest, capability and opportunity came together in each example. Discuss.

### 3. A career magic framework as a guideline for careers

**Interest** refers to anything that - you like to do, makes you happy, makes you lose the sense of time while doing it continuously. Interest is always internal to a person.



**Capability** refers to the ability, capacity, power, potential, knowledge, skill required for doing something. Capability is both - inherent as well as acquired and developed by training, practice and feedback over a period of time. A person is always motivated to work hard to develop capabilities in his/her area of interest.

**Opportunity** refers to the society's need/demand for a particular type of work for which the society is ready to pay. This need/demand creates job or business opportunities. Opportunity is mostly external to the person.

**In the Career Magic Framework intersection of Interest, Capability and Opportunity leads to a good Career. If you keep even one of the three aside, then what will remain is either your Hobby, Job or Dream. It is very important to understand the difference between a Hobby, Job, Dream and a Career.**

### POINTS TO PONDER

- Always remember - you are unique, your magic framework for career will also be unique.
- It will not be the same as your best friends or sibling or any other person.
- So you need to design your own unique magic framework.

## 4. Understanding the difference between a dream, hobby, job and a career.

A.



### A. Dream = Interest + Opportunity – Capability

**Interest** : 'A' is interested in becoming an actor.

**Capability** : 'A' is very shy and lazy and cannot act well.

**Opportunity** : There are many opportunities for actors and actors earn well.

Thus being a good actor could only be a dream for 'A'. To make a career in acting, it will have to be supported with hard work and training to develop the capability to act.

B.



### B. Hobby = Interest + Capability – Opportunity

**Interest** : 'B' is interested in reading books.

**Capability** : 'B' can read books up to 100 pages per day.

**Opportunity** : There are no opportunities to earn money for only reading books.

Thus reading books could only remain a hobby for 'B' unless it is complimented with some form of educational course that will lead to an opportunity.

C.



### C. Job = Capability + Opportunity – Interest

**Interest** : 'C' loves Mathematics and Science.

**Capability** : 'C' is born in a family with a background of music and has the natural talent and capability to sing.

**Opportunity** : There are many opportunities for good singers to earn money and fame.

Thus 'C' being a singer could only be a job for which 'C' gets paid.

D.



#### **D. Career = Capability + Opportunity + Interest**

**Interest** : 'D' loves to work on her friend's farm and spend time understanding everything related to farming.

**Capability** : 'D' has done a lot of research on crops and latest innovations in mechanized farming. She can work in the sun for long hours.

**Opportunity** : There are many opportunities for research and innovation in agriculture.

Thus 'D' will have her interest, capabilities and opportunity aligned and can make a good career in agriculture.

### **5. Who will make a good Career ?**

Read the cases and answer the questions given below each case in your notebook.

Shamika's parents are doctors. They have their own hospital in Aurangabad. Shamika's mother wants her to be a doctor as well. Her parents are ready to pay her fees and educate her to become a doctor. But Shamika loves painting. She is very good at it and can sketch and paint for hours without getting bored. She hates visiting the hospital.



- Do you think Shamika could be a good doctor ?
- What are some of the factors which are in favour of her becoming a good doctor ?
- What are the factors which are against her becoming a good doctor ?



Manish wants to become a cricketer. His idol is Sachin Tendulkar and he dreams of being like Sachin someday. However due to his medical problems, he cannot stay in the sun for too long.

- Do you think Manish could be a good cricketer ?
- What are some of the factors which are in favour of him becoming a good cricketer ?
- What are the factors which are against him becoming a good cricketer ?



Ali wants to be a teacher. His father and mother are teachers and they are also supportive of his ambitions. Ali is a good student and he does well in his exams. He also loves explaining things to his friends. His friends feel that he has a knack for teaching. Ali also loves kids. In his spare time, Ali teaches the small kids in his colony.

- Do you think Ali could be a good teacher?
- What are some of the factors which are in favour of him becoming a good teacher ?
- What are the factors which are against him becoming a good teacher ?

## 6. Think about your interests

1. An activity where you loose track of time because you are totally involved in doing it.
2. An activity which you feel very happy and like to do again and again.
3. An activity where you feel you always give your 100 percent.
4. An activity where you continuously try to improve yourself.
5. Some field about which you try to read / find information / see videos or television / talk to others to understand it better.
6. An activity that you think of doing when you have free time.
7. Something which you hate doing / are afraid of doing / not comfortable doing.
8. An activity which you find very difficult to do no matter how hard you try.
9. An activity that you always try to avoid doing.



Encourage the students to think about these statements in the context of careers and write their answers in their notebook.

Students should think beyond common answers like 'eating / playing video games / watching TV / talking on phone etc.'

These statements are designed to help them think about their interests.

A student is free to have similar answer for multiple questions or multiple answers for each question.

## 7. Finding your interests

List of verbs			
think	perform	survey	visit
build	plan	teach	exercise
calculate	publish	test	sketch
collect	do research	translate	repair
construct	solve	examine	open
create	study	explain	take
cultivate	write	explore	give
design	arrange	extract	receive
direct	assemble	make	fly
draft	coordinate	cook	defend
estimate	innovate	bake	protect
install	lead	sing	command
investigate	manage	dance	(Add more)

e.g. I like to write poetry.

1. I like to <choose verb from the list> .....
2. I like to <choose verb from the list> .....
3. I like to <choose verb from the list> .....
4. I like to <choose verb from the list> .....
5. I like to <choose verb from the list> .....

## 8. Finding your capabilities



**I can** .....

e.g. I can write poems

<Proof> My poems are appreciated by everybody/my poems got a prize.



Encourage students to make their own statements beginning with the phrases written in bold.

Refer to the examples given for a clue. Students are free to make multiple statements.

Encourage them to write a proof to support their statements.

The proof should support the fact that the student is 'good' at what they have stated.

Students can refer to the sheet of strength, areas of development, opportunities and challenges which they solved in the identity chapter.



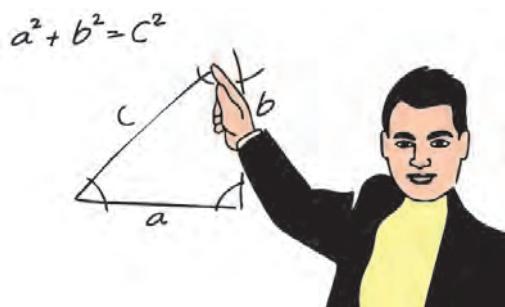
**I can easily .....**

e.g. I can easily make a Science model  
< Proof > I have made Science models for many exhibitions.



**I am good at .....**

e.g. I am good at playing football  
< Proof > I am selected in my school team/I have won a trophy.



**I rarely .....**

e.g. I rarely find it difficult to solve Maths.  
< Proof > My classmates come to me to understand some concepts.



**I get good marks in .....**

e.g. I get good marks in languages.  
< Proof > It can be seen in the exam results.

**I am always ready for .....**

e.g. I am always ready for a social service activity.  
< Proof > I am the first one to volunteer for any social service task.



**I am known for .....**

e.g. I am known for asking a lot of questions about how things work.  
< Proof > My teacher pointed at me when asked who is the most curious child.



**People have appreciated me for .....**

e.g. People have appreciated me for my writing.  
< Proof > My teacher displayed my work on the student board / I am selected for an essay competitions.

## 9. Matching your interests and capabilities

Study the answers you wrote in - Section 7 and 8 'Finding your interests' and 'Finding your capabilities'.

Can you find anything common in both ?

What are the things you are interested in and also capable of doing well ? Make a list of all such activities where you see a co-relation between interest and capabilities.

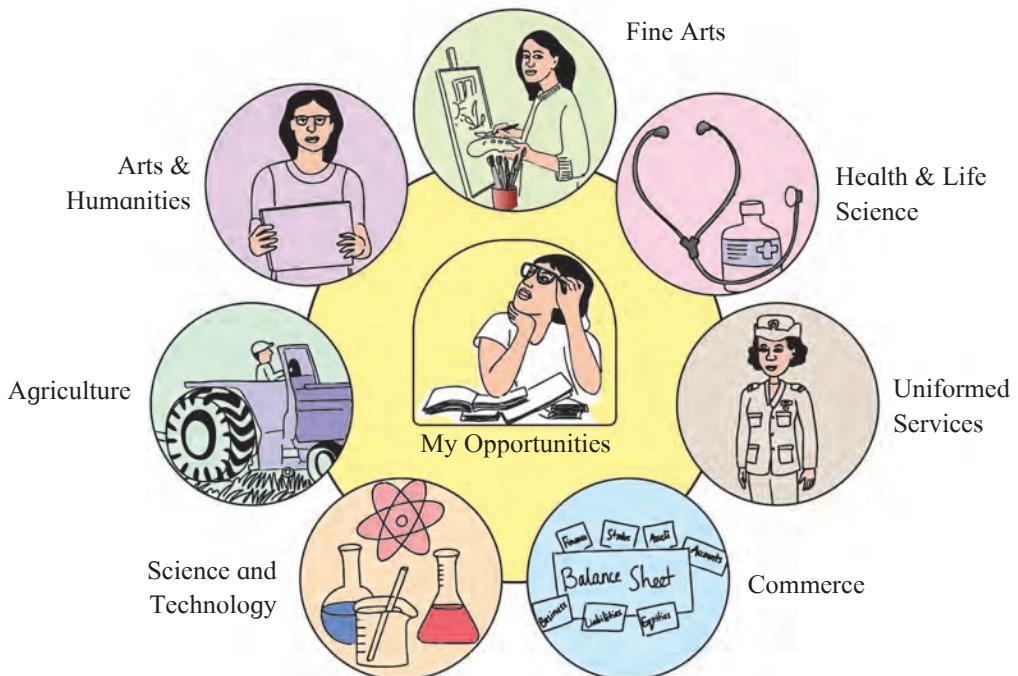
## 10. Finding your opportunities

The 21st Century is filled with numerous opportunities and possibilities. Earlier, society had limited options to consider for making a career, but today, in the age of technology and globalization, it is possible to make a career in your field of interest.

Right higher education choices will connect your interest and capabilities to the right opportunities and will result in a good career.

Generally, the choices to select streams in higher education start after grade 10.

The broad fields in which students make a choice are -



Further these fields move into higher education, specialization and other areas such as teaching, law, research, management, civil services etc. which are then open for choice.



Students will need your help here. Students may frame sentences differently and may not be able to find commonalities between interest and capabilities.

E.g. Students may write 'I like making Science projects' and ' I am known for finding out how things work', or 'I like spending time with kids' and 'I can teach', Make them realize that these are complementary statements.

After selecting the appropriate stream, as the students gather more exposure and experience, they can further choose their higher level interests and opportunities.

There is always a pathway to success in careers, which has to be achieved step by step. Careers require a lot of perseverance, hard work and commitment.

## 11. Project “Lakshya”

We will be starting a very important project this year. It is called project “LAKSHYA”.

Each group will have to do the following activities in the field they are interested in -

1. Make a list of careers which you think would fall under the field of your liking.
2. Interview one or more people from the field on their career journey.
3. Ask them about the opportunities in this field and the nature of work.
4. Try to find out how much it costs to pursue higher education in that field.
5. If possible try to visit the person’s place of work and spend a day there.
6. Bring back a photo or a visiting card or the signature of the person you met.
7. At the end of two months, each group will make a presentation in front of the class on their field of interest.

Make 7 groups by the interest fields given on the previous page.

Encourage the students to join any one of the seven groups depending on the interest of the students.

Give them a time of two months for completing the project.

Try to invite people from the relevant fields to listen to the presentations of the students.

## 12. Importance of Life Skills

Previously, people would choose a particular field based on the “scope” of the field. But today, the word “scope” has shifted from the field to the student. Every person can create a “scope” for his/her own self. Today, along with the educational qualifications, it is also very important to have the necessary skills required by the field.

Some common skills such as computer literacy, language proficiency, communication and teamwork, work ethics etc. are needed in all areas.

Life Skills such as a continuous learning mind set and the ability to recognize your own strengths as well as those of your teammates and work together in teams for common goals can open the doors to many opportunities for every person.

## 13. Way ahead..

In grade 10, you will be introduced to these 7 fields in detail. You will also appear for a “Kal Chachani” (interest test), which will help you assess your true interest. The Kal Chachani is not an exam and you do not have to prepare for it. All you have to do is answer a few interesting questions.

We will also learn goal setting and career planning next year.

## ASSESSMENT RUBRICS

<b>Weightage : 10%</b>				
<b>Criteria</b>	<b>Very Good</b>	<b>Satisfactory</b>	<b>Not - Satisfactory</b>	<b>Marks obtained</b>
Field visit and Interview	Conducted the interview, field visit and wrote a report. Brought back a photo or visiting card or signature of the interviewed person.	Wrote a report but no photos or visiting card or signature of the interviewed person	No report nor photo	
Identifying interest and Capabilities	Identified and articulated the interests and capabilities clearly	Identified very broad or general interests and capabilities	Copied answers / incomplete work	

